



mood Tracker



A mood tracker grid consisting of 31 large, light purple circles arranged in a roughly triangular pattern. Each circle is numbered from 1 to 31 in a small pink circle at its top. The numbers are: 1 (top), 2, 3, 4 (second row); 5, 6 (third row); 18, 19, 20, 21 (fourth row); 17, 28, 29, 30, 22, 7 (fifth row); 16, 27, 31, 23, 8 (sixth row); 15, 26, 24, 9 (seventh row); 14, 25, 10 (eighth row); 13, 11 (ninth row); 12 (bottom).